

# REVELSTOKE GRIZZLIES PREP CAMP!

## Revelstoke Grizzlies Junior Prep Camp "Register now"

Aug 23 – 27 @ Revelstoke Forum

4:00 – 7:15 PM

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Phone: \_\_\_\_\_

Last Team: \_\_\_\_\_ Email: \_\_\_\_\_

Position: \_\_\_\_\_ Address: \_\_\_\_\_

This program is designed for the player who is preparing for Jr Camps or Rep Tryouts. These on ice sessions will be structured the same as a Jr or Pro practice, with emphasis on precision passing, shooting and game situation drills:

1 vs.1/ 2 vs.1/ 2 vs.2/ 3 vs.2

- On Ice & Dryland Training will be extremely intense!
- Be prepared to be pushed during all sessions
- 7.5 hrs of Icetime & 5 hrs of Dryland Training
  - Registration Fee is \$200.00
  - Confirmation will be sent by email

Mail Payment to:  
Troy Mick  
P.O. Box 2512  
Revelstoke, BC V0E 2S0